

DORSET LUPUS GROUP

Newsletter (May 2006)



COMMITTEE MEMBERS

Chairperson: Margaret Hosking
(Tel: 01202 884809)

17 Minster View, Wimborne,
Dorset. BH21 1BA

Vice Chairperson: Debbie Steel
(01202 877390)

7 Ebor Close, West Parley,
Ferndown, Dorset. BH22 8LZ

Secretary: Responsibilities
currently being carried out
temporarily by Margaret Hosking
until the position is filled
permanently

Treasurer: Ian Brittain

Newsletter Editor: Debbie Steel

Raffle: Carol Berkhauer

Librarians: Yvonne & Guy
Hosking

Membership Secretary

Gerrish Gray

Other Members:

Jayne Baker

Joyce Bird

Gill Green

Shirley Merrett

Janet Bourne

Contacts:

Ian Brittain 01305 852737

Jayne Baker 01202 295320



INTRODUCTION

I hope you are looking forward to a really good summer. When the sun does come out do remember to be well covered with sun cream and sun hat.

We have arranged some very exciting get-togethers this summer and hope that you will all bring families and friends to help swell the numbers at these gatherings.

Thank you for those who came to our AGM in April. For those who were unable to come, or make the journey, my Chairman's Report is included in this newsletter.

It would be lovely to hear from you, or see you at any of the forthcoming events.

Margaret Hosking

MEMBERS NEWS

Thinking of you.

For the older members of the group, who were around when Kathleen was our Chairperson, Eric her husband sadly passed away earlier this year. He had had suffered with Lupus for some time but, before his health deteriorated, he had been a regular participant of our Group's activities, supporting Kathleen in all her Chairperson's responsibilities.

New members

Welcome to Mrs Hall, Mrs Cole and Mrs Rossiter who have all recently joined Dorset Lupus Group. I would also like to officially welcome Mrs Frampton who has transferred over to us from Portsmouth Group, as she lives in Fordingbridge and would be closer to some of our functions. I believe you came along with some friends at Christmas and had a great time. I look forward to meeting you in the future!

Don't forget friends and family are always welcome to any event.



CONTACTS

In the panel on the left of this page you will find a list of Contacts for our group. These are friendly, helpful and understanding people who have offered their time to chat to anyone about Lupus. There are times when you may need some information and times when you feel a chat may help you. There is no need to sit at home and worry. Just pick up the phone.

Also, if you know of any members who are hospitalised or particularly unwell, please let one of the contacts or one of the other committee members know.

We would ideally like to send a card to, or visit any of our members who are particularly unwell, but we cannot do this unless we are aware of the situation.

PREVIOUS EVENTS



AFTERNOON TEA AT THE HOWARD CENTRE, CHRISTCHURCH HOSPITAL on Saturday February 18th.

Our experiment to try having an afternoon get-together was rather disappointing. Even those who thought it was a good idea initially, felt that it made little difference and said that they would prefer to revert to the morning meetings.

We made lots of cards and thanks to Janet (Bourne) once again for providing the expertise.



COFFEE MORNING AT MILBORNE PORT at The Church House, Milborne Port, near Sherborne on Saturday 18th March

This was another successful visit to North Dorset.

They showed us their plans to have a Cake & Bric-a-Brac Stall in Sherborne on 6th May to highlight Lupus Awareness Day on 10th May. Good luck to all those taking part! If any members are in the area please pop along to support Sheila, Janet and anyone else on the stall.

We raised a total of £47.85 from the Raffle, Table Top Sale and Refreshments at the Coffee Morning.

Thank you to Janet (Heath) for arranging this Coffee Morning.



MAD MARCH HARE RACE in Burton, Christchurch on Sunday 5th March

Once again we helped marshal a run. In total, 3 of our members gave up their Sunday morning to help. As a result we received a donation of £175, which seems to be an excellent way of fundraising and good fun as well. Next time perhaps more volunteers would like to join us either to marshal or set up a Lupus Awareness Information Table – both of which are equally important.



A.G.M. DORSET LUPUS GROUP AT THE HOWARD CENTRE, CHRISTCHURCH HOSPITAL on Saturday April 8th

The meeting went well I would like to take this opportunity to welcome Joyce Bird onto the Committee.

She will be responsible for sending the "Get Well" cards referred to earlier and we would also like to keep in touch with you all by sending birthday cards as well. As there are a number of you who are 30 something...we would be really grateful if you could let us know your **birthday** rather than your **birthdate**. You can phone me at any time to let me have the details.

I have attached the Chairman's Report to this Newsletter and will forward the detailed Minutes of the Meeting at a later date as they are not yet available.

We raised a further £24.50 from the Raffle and Tea collection.

FUTURE EVENTS

If anyone would like to attend any of these events but would have problems getting there, please phone Debbie on 01202 877390 as we may be able to get another member to collect you.



LUPUS UK A.G.M. AT ASHFORD INTERNATIONAL HOTEL, ASHFORD, KENT on Sunday 7th May

Unfortunately the cost of providing transport to the A.G.M. was prohibitive and we were unable to organise this as previously suggested

Some of our members are however still aiming to attend independently and we would ask if it would be possible for them to give us a report of what was discussed in the next Newsletter.



LUNCH AT THE YENTON HOTEL, Gervis Road, Bournemouth, BH1 3ED on Sunday 14th May at 12.00 noon

The 3 course Sunday Lunch, with coffee, is priced at £12.95 per person. The Menu is available but, as you do not need to choose until the day in question, all we need to know is whether you are coming and whether you have any special dietary requirements. Please contact Yvonne or Guy Hosking on 01202 575924 as they are arranging this event.

Don't forget the hotel is easily accessible, being close to Bournemouth Station, and we would hope that many of our

members (together with families and friends) may be able to enjoy a trip to "sunny" Bournemouth! A nice walk along the seafront afterwards is highly recommended.....



ANNUAL BARBEQUE
at 7 Ebor Close, West Parley,
Ferndown, Dorset BH22 8LZ
(my house) on Sunday 11th
June from 12.00 onwards.

As usual I am holding the Dorset Lupus Annual Barbeque in my back garden. There will be a selection of meats, salads and desserts. All soft drinks, including tea and coffee, will be included in the cost price of £6 but should you prefer to drink alcohol, you are at liberty to bring your own! For those who are vegetarians, we will be happy to vary the menu. I would ask however that you let me know when purchasing your ticket.

I would welcome any offers of help with regard to the dishes or setting up. If you are happy to help please phone me on 01202 877390. Spare chairs and tables are also useful.

There will be a tombola and general sales table, which hopefully will have some plants, depending on growing conditions between now and then! Should anyone be able to contribute in any other way (e.g with cakes, craft items, books etc), all offerings will be gratefully received.

Finally, and most importantly for all those footie lovers, this does NOT clash with England playing in the World Cup although the television will be on inside for

those who cannot bear to miss Serbia & Montenegro v. Holland!

Please bring along your friends as the success of the event depends on you. It would be great to see as many of you as possible as it is a chance to relax and get to know new friends.

Once again, if anyone has problems with transport, we can always arrange a lift from someone.

Tickets must be purchased **as soon as possible** prior to the event so that we have an idea of numbers.



ANNUAL CREAM TEA
at 18 Fairwood Road,
Verwood, Dorset BH31 6UA
(Janet Heath's house) on
Sunday 23rd July at 2.30p.m. to
4.30p.m.

Janet has kindly agreed to have another Cream Tea this year. The cost for the full cream tea, together with unlimited cake, will be £4.50. If anyone is able to help with the preparation or baking, could they please contact Janet direct on 01202 823760.

There will be a raffle and a quiz for everyone to join in.

It would be helpful for Janet to have an idea of numbers, for catering purposes, but as far as payment is concerned, tickets will be available on arrival.

Please remember once again to bring along all your friends!

Should anyone wish to bring children along we will be happy to make a reduction in the price of either event.

Disabled access is available at both properties.

And finally - if anyone requires help with transport arrangements or directions to either of the previous 2 events, could you please phone Janet or myself for more details.



COFFEE MORNING
TO BE HELD AT A BEACH
HUT ON SOUTHBOURNE
BEACH on Wednesday 16th
August between 11.00a.m. and
12.30p.m.

As you may recall Margaret hired a Beach Hut along Southbourne Beach last year and invited everyone to join her last year. She has decided to do so again this year. The beach hut number is 1190 and can be reached using the cable car and turning left on the prom or by walking down Gordon Steps (a zigzag path). Parking is available along the road or in one of the side roads. For more details call Margaret on 01202 884809.



RED ARROWS
ALONG BOURNEMOUTH
SEAFRONT on Friday 24th
August at just before midday

We are planning to meet near the kiosk at the eastern end of East Overcliff Drive overlooking Boscombe Pier for an hour or so to watch the Red Arrows display from the clifftop, whilst enjoying a coffee and a chat. There is disabled parking nearby.

For more details contact Margaret on 01202 884809.

FUTURE EVENTS (IN THE PIPELINE)

- More Coffee mornings/afternoons in the North, West and East of the county
- Country pub evening
- Picnic in grounds of Sherborne Castle
- Sponsored Walk in October for Lupus Awareness week, probably along Bournemouth Seafront again, unless anyone has any good suggestions
- Charity Sale in Wimborne (please start saving your bric-a-brac and craft items for this)

ARTS AND CRAFTS

Calling all knitters If anyone has oddments of wool please let us know as we have someone who is keen to make things for us to sell in aid of the charity.

LOCAL CONTACT LISTS

We would like to be able to send, to each of our members, a few names and telephone numbers of other members in their locality so that they may make contact with one another. If however you do not want your contact details given out, will you please contact Gerry Gray on 01202 884809 before the end of July so that this can go ahead in the autumn.



DON'T FORGET WE NOW HAVE A WEBSITE FOR UP-TO-DATE INFORMATION AND CONTACT DETAILS. OUR EMAIL ADDRESS IS

www.dorsetlupus.com

USED POSTAGE STAMPS

Thanks to Kathleen, Yvonne & Guy, Denise and a "mysterious" donor (as well as my employers) I have been able to send just over 2000 stamps to Head Office since the last newsletter.

Keep them coming! There is no need to peel them off the envelope - just tear around the stamp carefully (as torn, damaged, incomplete and creased stamps are of no value) and bring along to the next meeting or send in an envelope.

Thank you

POSTERS

I have finally managed to draw up a poster to tell the general public of our existence and outline details of our events. This will be renewed on a regular basis and I would appreciate if members could help me by taking them to their local GPs, to their hospital (for the Notice Board), to their library, their local church, tourist office – the more the better..... I have a supply and will be happy to send any out should you be able to distribute them. Please contact me as usual on 01202 877390.

AND FINALLY

Finally, once again, I would like to thank BAE Systems at Christchurch for printing this newsletter for us free of charge. It is very much appreciated. As a small local charity we need all the help we can get from local businesses.

Debbie Steel

Well here are the dates for your Notice Board to cut out and keep.



DATES FOR YOUR DIARY



Sunday 7th May – **LUPUS UK A.G.M.** at Ashford International Hotel, Kent

Sun 14th May 12.00 noon – **Lunch at the Yenton Hotel, Bournemouth** – all welcome

Sun 11th June 12.00 onwards – **Afternoon Barbeque** at 7 Ebor Close, West Parley, Ferndown, Dorset BH22 8LZ. Cost £6

Sun 23rd July 2.30p.m.-4.30p.m. – **Cream Tea** at 18 Fairwood Road, Verwood, Dorset BH31 6UA. Cost £4.50

Wed 16th August 11.00a.m. to 12.30p.m.– **Coffee Morning at Beach Hut** – at Beach Hut number 1190

Fri 24th August at 11.30a.m.-12.30p.m. – **Watch the Red Arrows performing along Bournemouth Seafront**